



24 October 2025

Dear Parent/Carer

EFL Cup Competition

Your daughter has been selected to represent the school in the EFL U13's Utilita Cup on Wednesday 5 November at Derby Racecourse playing fields. This is an all day 7-a-side tournament. Students will be leaving school via minibus at 8.45am and, therefore, must meet in the girls changing rooms at 8.30am. We will arrive back at school at approximately 3.00pm.

On the day students can arrive in sports clothing and will not require any of their school equipment. They need to wear their football boots, shin pads, navy socks and navy shorts. They will also need a packed lunch, drinks and extra layers as we will be outdoors all day. **Please be aware that we have students who may be participating in this trip who have a serious nut allergy. Please avoid giving your child bagged nuts or products with a nut content, as even the smell can cause these students anxiety.**

Please login to ParentPay to give consent and request a packed lunch if your child is entitled to free school meals. If your child cannot participate in this event, please email me at the address below as soon as possible so we can find a replacement player.

Attached to this email are three forms that must be completed and given to me in order for your child to go to the event. If you require a printed copy, please email me.

If you have any queries about the contents of this letter, please do not hesitate to contact me via email at cdukes@heanorgatespencer.org.uk

Yours sincerely

Mrs C Dukes
Head of PE