

Duke of Edinburgh Bronze Expedition Information Evening



**YOUTH
WITHOUT
LIMITS**



Staff Information

- Global footprints staff (6 on first day, 2 on assessed days). An experienced company who have ran a multitude of expeditions for Spencer Academies.
- Rebecca Crawford: 6 years of experience working in the outdoor industry, Mountain Leader qualified, Outdoor First Aid and a wealth of expedition experience both in the UK and abroad.
- Marc Jackson: Hill and Moorland Leader, Outdoor First Aid and a variety of expedition experience. (First two days)
- Wilf Mitchell
- Eileen Norton
- Matt Tyler
- Rebecca Rogers (Last Day)



General information

- Arrive at school for 07.45 on Sunday 20th July
- We will aim to return for 15.30pm on Tuesday 22nd July.
Please keep an eye on your phones for any notification that we will be late.
- Please ensure that your child arrives at school on Sunday with everything they need packed and ready to go.



***YOUTH
WITHOUT
LIMITS***



What we will be doing

- Day 1: Training day. Walk from Matlock Bath to Birchover with instructors.
- Day 2: First assessed day. Circular walk from Birchover. Students will walk independently and will be met at regular checkpoints.
- Day 3: Second assessed day. Walk from Birchover to Bakewell independently. Return to school approx 14.30.



***YOUTH
WITHOUT
LIMITS***



Where we are going

Walking around the White Peak area on footpaths. Starting at Matlock Bath on the first day and finishing at Bakewell. Camping at Birchover in a campsite with facilities.



***YOUTH
WITHOUT
LIMITS***



Medical

- We will send out a request for any new medical information after this meeting.
- Please make sure we are aware of any medical details large or small.
- If you are in any doubt, please just send an email or give us a call. We are able to adapt the expedition if necessary.



***YOUTH
WITHOUT
LIMITS***



Weather

- Hopefully the weather will be glorious (not too hot, too cold or too wet). However, in the event we get any of these please ensure you are prepared.
- **Sun hats/glasses and sun cream, hat and gloves, waterproof trousers and top.**
- In the event we experience very extreme weather, we may have to withdraw the participants for that day in the interest of safety.



***YOUTH
WITHOUT
LIMITS***



Phones

Students will be permitted to have phones and use them responsibly. Students are not allowed to make calls to parents whilst out on expedition, or this will be a fail of the expedition in accordance with DofE rules.



***YOUTH
WITHOUT
LIMITS***



Getting in contact

- If you have any concerns, in the first instance please try and get in touch with the school.
- If you cannot get in touch with the school, please call us on [07974296456](tel:07974296456)
- Please do not come to the campsite unless you have spoken to a member of staff on the trip and agreed a plan.



***YOUTH
WITHOUT
LIMITS***



Safety

- It will be up to the students to act responsibly and behave in a way that will keep them safe.
- Students will be briefed on staying safe on the expedition by global footprints.
- Entering any form of water is prohibited.
- Students are not permitted to go anywhere on their own.
- Whilst on the assessment walks, students will be closely monitored at regular checkpoints. Global footprints will also be carrying out remote supervision



***YOUTH
WITHOUT
LIMITS***



What to bring (All of it will need to be carried!)

- Make sure you have a kit list (collect this evening).
- Please do not feel that you need to buy everything on the kit list.
- We have huge amounts of high quality kit in our store that students can borrow.



***YOUTH
WITHOUT
LIMITS***



Hiking boots:

They must be boots, not shoes with good ankle support.

This is the one piece of kit we would recommend buying and not borrowing.

Thick socks to be worn underneath.



**YOUTH
WITHOUT
LIMITS**

Clothing

- Keep it light - it will all have to be carried.
- No jeans or materials that will not dry quickly.
- Don't bring thick heavy winter coats. More layers that you can add or remove is much better.
- E.g. 1x trousers/leggings, 1x shorts, 1x trousers/leggings for campsite.
- 1x tshirt, 1x long sleeve, 2x fleece.



What you can borrow

- Sleeping bag
- Sleeping mat
- Rucksack
- Waterproofs (small amount)
- Hiking boots (limited sizes)
- Head torches
- Camping cutlery/crockery

The DofE store will be open after school on Thursday 10th July. This will be the **ONLY** opportunity to come and borrow equipment.

Any equipment that is not returned by participants will be charged the cost of that piece of equipment.



***YOUTH
WITHOUT
LIMITS***



What not to bring

- Your own tent or stove. Everyone will use the same from global footprints.
- Anything heavy (books, ipad/tablet).
- Non-essential toiletries e.g. large bottles of products, make up.
-



***YOUTH
WITHOUT
LIMITS***



Food

- Students need to purchase their food for the two days before the expedition.
- They have planned their meals in their group and should have distributed who is buying what fairly.
- Students are not allowed to purchase food on the expedition as part of DofE is to be self supported.



***YOUTH
WITHOUT
LIMITS***



Money

- Students should not need any money on the trip, however are welcome to bring a card/small amount of cash to buy an ice cream or treat at the end of the expedition.



***YOUTH
WITHOUT
LIMITS***



Any questions?



***YOUTH
WITHOUT
LIMITS***

