



14 October 2024

Dear Parent/Carer

### **EFL Cup Competition**

Your daughter has been selected to represent the school in the EFL U13's Utilita Cup on Friday 8 November at Derby Racecourse playing fields. As this is an all day 7-a-side tournament, students will be leaving school on the minibus at 8:30am and therefore must meet Mrs Dukes in the girls changing rooms at 8:25am. They will arrive back at school at approximately 3:30pm. Students will require a packed lunch and drinks. Please give consent on parentpay and request a packed lunch if your child is entitled to free school meals. **Please be aware that we have students who may be participating in this trip who have a serious nut allergy. Please avoid giving your child bagged nuts or products with a nut content, as even the smell can cause these students anxiety.** If your child cannot take part, please let Mrs Dukes know as soon as possible so a replacement player can be put in their place.

On the day your child can arrive in sports clothing and will not require any of their school equipment. They **MUST** be wearing: football boots, shin pads, navy socks and navy shorts. They will also need extra layers as we will be outdoors all day.

If you have any queries about the contents of this letter, please do not hesitate to contact me at:  
[cdukes@heanorgatespencer.org.uk](mailto:cdukes@heanorgatespencer.org.uk)

Yours sincerely

**Mrs C Dukes**  
**PE Subject Lead**