



10 July 2024

Dear Parent/Carer

Sri Lanka Summer 2024 - final details & medical information

Departure times

A reminder that all students are to meet in the **Sixth Form Common Room at 8.30am ready for a 9.00am departure** to Manchester airport. As mentioned in the pre-departure meeting, students must say their goodbyes in the car park as parents will not be allowed on school site. If students are driving their own cars, these can be left on site but must be left in the bottom car park outside reception.

Travel attire

We ask that students wear one of their blue trip t-shirts to travel in. The journey will be roughly 24 hours and, therefore, comfortable clothing is recommended.

Medicines

In addition to the prescribed medical details that have been provided, please give a full breakdown of any other medication that your child will be travelling with, for example paracetamol, imodium etc. by clicking on the link below and completing the form:

<https://forms.gle/X4qgCxJhgPmdETy4A>

Travel bag

Please be aware that like all flights, there are restrictions on liquids and what can be taken through security. Please ensure that liquids are in small containers (less than 100ml) and all essential medication is in your child's hand luggage bag where necessary. All non-essential liquids and medicines should be placed in their checked-in luggage.

Emergency contact details

Emergency contact number whilst in the UK:

07974 296443

Emergency contacts of HGSA staff whilst in Sri Lanka below:

Mrs Dukes+94720521703

Mr Stanley- +94720521622

Miss Gascoigne- +94720521629

Allergies

Please be aware that there are students on this trip that have severe nut allergies and therefore we request that students refrain from bringing any snacks that contain nuts.

If you would like to clarify any part of this letter or have any questions or queries in the meantime, please feel free to contact me, preferably via email, at christiedukes@heanorgatespencer.com

Yours sincerely

Mrs C Dukes
Trip Leader