



January 2024

Dear Parent/Carer

GCSE PE Handball

As part of your child's practical GCSE PE lesson, we will be using William Gregg Leisure Centre once a week to teach and examine students in one of their chosen practical activities, handball. The aim is to provide your child with the opportunity of gaining 1 of the 3 practical grades they are required to achieve as part of their GCSE PE course. With full application, it is possible for students to achieve up to 10% of their final GCSE grade by using handball as one of their chosen practical activities.

We will be using the leisure centre from Friday 2 February until Friday 22 March. Students will leave school at 1.25pm during their lunch break and make their way to the leisure centre for a 2.00pm start. The session will be for an hour and will finish at 3.00pm. Students are then free to walk home or be driven back to school via the minibus.

Students can either buy lunch at school and make their way to the leisure centre or bring a packed lunch. **Please be aware that we have students who may be participating in this trip who have a serious nut allergy. Please avoid giving your son/daughter bagged nuts or products with a nut content, as even the smell can cause these students anxiety.** As students will be exercising for a long period of time, it is advisable they bring plenty of water.

If you have any queries please don't hesitate to get in contact with the PE department.

Yours sincerely

Mr R Fretwell
Curriculum Team Leader for PE & Performing Arts